

milk teas

organic dairy or califia farms almond milk*

FRUITY LOOPS \$4.5 | \$5.5

Kellogg's® Froot Loops® x Califia Almond Milk with Green Tea, served over fresh Tapioca Bubbles.

CINNAMON TOAST \$4.5 | \$5.5

Cinnamon Toast Crunch® x Califia Almond Milk with Oolong Tea over fresh Tapioca Bubbles.

PURPLE TARO MILK \$4.5 | \$5.5

All-New Recipe! Japanese Purple Yam, choice of Dairy, served with Tapioca Bubbles.

GREEN MELON MILK \$4.5 | \$5.5

Sweet Green Honeydew, real Honey, Green Tea, and choice of Dairy with Strawberry Juice Bubbles.

STRAWBERRY CREAM \$4 | \$5

Sweet Strawberry, Green Tea, choice of Dairy and Honey, and Tapioca Bubbles.

CHOCOLATE MILK \$4.5 | \$5.5

Organic Dairy or Almond Milk layered in Chocolate, crushed Oreo Cookies, and classic Tapioca.

SWEET RED BEAN \$4 | \$5

Sweetened Red Bean, Oolong Tea, and choice of Dairy with Tapioca Bubbles and Crushed Oreos.

ORIGINAL MILK TEA \$4 | \$5

Oolong Tea, Choice of Dairy, and our Original Syrup served with Tapioca Bubbles and Caramel.

ESPRESSO CREAM \$4 | \$5

Oolong Tea and Milk spiked with Coffee. Served with Tapioca Bubbles. Choice of Garnish.

OG MATCHA \$4 | \$5

Energizing Matcha shaken with Jasmine Green Tea and your choice of Dairy on Tapioca Bubbles.

CUSTOM MILK TEA \$4.5 | \$5.5

Ask your Bubblista for a list of current flavors, and pick up to 2! Choose between Jasmine Green Tea or Oolong Tea. We can make your Custom Tea with Honey or House-Made Simple Syrup. Choose up to two Bubbles: Tapioca or Fruit Juice, then garnish with Coconut Flakes or Crushed Cookies!

* Additional charge

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balancegrille.com

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SYLVANIA

5860 Central Avenue · 419-578-7777
11am – 9pm Every Day

MAUMEE

514 The Boulevard · 419-893-9999
11am – 9pm Monday-Saturday

PERRYSBURG

26520 N. Dixie Highway · 419-874-7777
11am – 9pm Every Day

DOWNTOWN TOLEDO

Coming Soon!

UNIVERSITY OF TOLEDO

Bubble Tea Only
1440 Secor Road · 12pm – 10pm Every Day



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[menu version code here]

iced teas

STRAWBERRY MOJITO \$4 | \$5

Fresh Strawberries, Lime, and Mint hand-muddled, served over Strawberry bubbles with Mint garnish.

MANGO BLITZ \$3 | \$4

Classic Combo Two: Sweet Mango Green Tea with Blueberry Juice Bubbles.

HALF & HALF \$3.5 | \$4.5

A Classic Recipe: Hand Squeezed Lemons, Fresh Brewed Tea, and House-Made Simple Syrup.

LAVENDER COCO \$3.5 | \$4.5

Fresh Squeezed Lemon, House-Made Lavender Syrup, Oolong Tea, splash of Coconut Water.

JUST PEACHY \$3 | \$4

A Fan Favorite! Juicy Peach Green Tea paired with Strawberry Juice Bubbles.

RASPBERRY BLISS \$3 | \$4

Refreshing Raspberry Green Tea, shaken, served over Kiwi Juice Bubbles.

STRAWBERRY \$3 | \$4

Classic Combo One: Sweet Strawberry Green Tea with Passion Fruit Juice Bubbles.

PASSION FRUIT \$3 | \$4

The Original! Exotic Passion Fruit Oolong Tea with Sweet Strawberry Juice Bubbles.

PINEAPPLE EXPRESS \$3.5 | \$4.5

Groovy Pineapple & Sweet Strawberry Green Tea with Passion Fruit Juice Bubbles.

THE WHATEVER \$3.5 | \$4.5

Can't Decide? Our Signature Blend of Five Flavors served with Mixed Juice Bubbles.

CUSTOMICED TEA \$3.5 | \$4.5

Choose between two freshly brewed teas: Oolong or Jasmine Green Tea, and ask your Bubblista for a complete list of flavor choices! We will shake up your Custom Fruit Tea over ice and serve it over Fruit Juice Bubbles or Tapioca Bubbles. Tweet us your recipe @BalanceGrille

PAN-ASIAN GRILLE
balance
balancegrille.com

snacks

or appetizers if you feel like sharing

CITRUS BRUSSELS \$4

Split Brussel Sprouts wok-fired in a unique Orange Glaze. Perfectly balanced flavors in every bite!

KALE SALAD \$3

Kale, Zucchini, Quinoa, Almonds, dried Cranberries, and creamy tangy Feta Cheese. Optional Sriracha Drizzle.

CREAMY WONTONS \$3

Handmade Cream Cheese and Vegetable Wontons served with our Signature Sweet & Sour Sauce.

SWEET POTATO SALAD \$4

Sweet & Savory flavors for Fall! Heirloom Sweet Potatoes in a Soy-based Glaze, Cashew garnish.

BANGBANG NACHOS \$4

Fresh Flour Chips with Potato, Chickpeas, Tomato, Onion, and Cilantro. Drizzled with BangBang and Yogurt Sauce.

EDAMAME \$3

Imported Baby Soybeans in the Pod. Briefly steamed and served with Sea Salt. A traditional Japanese treat!

curry cauliflower

Sweet, Smokey, Exotic Indo-Chinese Glaze spun over Roasted Cauliflower.

\$4

\$9

bowls

build it with protein and starch

1. choose your bowl

TERIYAKI \$7.5

Classic Japanese Teriyaki Sauce served with Broccoli, Carrots, Red Peppers, Daikon Radish, and Red Onions. 184 cal · fat 0g

WISEMAN \$7.5

Customer favorite! A simple Szechuan Sauce served with Broccoli, Carrots, Corn, fresh Sprouts, and Kale. 216 cal · fat 1g

THAIGUY \$7.5

Thai-style Peanut Sauce served with Carrots, Peapods, seasonal Hot Peppers, Sprouts, Crushed Peanuts, and Cilantro. 251 cal · fat 11g

FOUR-STAR \$7.5

A tangy, garlicky General Tso's Sauce served with fresh Broccoli, Carrots, and crisp Sprouts. 163 cal · fat 0g

GREEN CURRY \$7.5

Spicy Green Coconut Curry Sauce served with Red Peppers, Carrots, Sprouts, Crushed Nuts, and Cilantro. 389 cal · fat 29g

SWEET & SOUR \$7.5

Our one-of-a-kind Signature Sweet & Sour Sauce served with Carrots, Kale, and Red Onions. 228 cal · fat 1g

NUTS 4 PAO \$7.5

A spicy Kung Pao Sauce served simply with Scallions, Roasted Peanuts, and seasonal Hot Peppers. 257 cal · fat 17g

SASSY ME \$7.5

A sweet and seductive Sesame Sauce with fresh Kale, crisp Pea Pods, and fresh Sprouts. 177 cal · fat 0g

Because our restaurants prepare every item fresh, surfaces may be shared with wheat, dairy, nuts, etc. Please inform us before placing your order if you or anyone in your party has a food allergy. Management reserves the right to refuse service. Consuming raw or undercooked meats, including beef, seafood, and poultry may increase your risk of food-borne illness. The nutritional information we provide may vary because of changes in growing season, slight variations in our recipes, or the different places we buy our ingredients. We may update this information from time to time. Made with Love in the Glass City.

2. choose your protein

CHICKEN BREAST

224 cal · fat 7g

CHICKEN THIGH

237 cal · fat 14g

SIRLOIN STEAK

222 cal · fat 12g

FIRM TOFU

322 cal · fat 26g

3. choose your starch

BROWN RICE

224 cal · fat 2g

FRESH GREENS

15 cal · fat 0g

WHEAT NOODLES

360 cal · fat 12g

FRIED RICE

318 cal · fat 18g

balance kids

build a smaller bowl just for them

CHOOSE ONE OF EACH:

- Protein
- Vegetable
- Starch
- Sauce

\$4.5

protein

CHICKEN BREAST

CHICKEN THIGH

SIRLOIN STEAK

FIRM TOFU

starch

BROWN RICE

FRESH GREENS

WHEAT NOODLES

FRIED RICE

vegetables

BROCCOLI

CARROTS

RED PEPPERS

CORN

KALE

PEA PODS

sauces

TERIYAKI

Classic Japanese Teriyaki Sauce.

FOUR-STAR

Tangy, garlicky General Tso's Sauce.

SWEET & SOUR

One-of-a-kind Signature Sweet & Sour Sauce.

SASSY ME

Sweet and seductive Sesame Sauce.

tacos

choice of puffed blue corn or steamed flour

TIKKA MASALA TACOS (2) \$7

Grilled Chicken or Tofu dredged in a spiced Indian sauce. Topped with Potato Crisps, Chickpeas, Red Onion, and Fresh Cilantro.

FIVE SPICE TACOS (2) \$6

Chinese BBQ glazed over Chicken or Tofu, Caramelized Onion, Potato Crisps, and Carrot. Topped with Scallions and local Microgreens.

BANGBANG TACOS (2) \$5

Grilled Chicken or Tofu smothered in spicy Thai BangBang Sauce. Garnished simply with Red Onion and Cilantro.

MONGO TACOS (2) \$6

A Fan Favorite! Sweet & Smoky Mongo Sauce atop Wok-Fired Steak or Tofu. Japanese Mayo, spiral-cut Carrots, and Cilantro.

SOHO TACOS (2) \$6

A creamy treat! Grilled Chicken or Tofu, SoHo Spread, Tomatoes, Red Onion, Crunchy Noodles, and Scallions.

KOREAN BBQ TACOS (2) \$7

Wok-Fired Steak or Tofu dressed in Bulgogi sauce, topped with Kimchi Salad.

taco sampler

Choose your tortilla, then pick **any three tacos** with your protein choice